



## Latvian Karate Federation School Year League 2024/2025 Bulletin

The Latvian Karate Federation's School Year League is a series of 2nd league tournaments held over three stages, offering beginner athletes aged 6 to 17 the opportunity to gain competition experience and prepare for higher-level tournaments.

**Organizer:** "Latvian Karate Federation," registration number 40008024026. Person responsible for organizing the tournament: Andrejs Ozerovs  
Phone: +371 26555727 Email: info@karate.lv

**Mērķi:** Provide young athletes with competition experience.  
Determine the league champions within 3 tournaments.

**Tournament Dates:**



**League Standings:** At the end of the league, the top 3 athletes in each category in KATA and KUMITE disciplines are awarded with cups and prizes based on the points accumulated during the season. Points are accounted as follows: 1st place – 20 points, 2nd place – 15 points, 3rd place – 10 points. In case of a tie, the result of the last stage is considered, and if still tied, the number of 1st places is considered.

**Tournament Venue and Time:**

Stage	Venue	Time
1st stage	Rīga 15th Secondary School Sports Hall, Visvalža street 9	10:00
2nd stage	Rīga 15th Secondary School Sports Hall, Visvalža street 9	10:00
3rd stage	Daugavpils Olympic Center, Stadiona 1, Daugavpils	10:00

**Participants:** KATA and KUMITE athletes aged 6 to 17.  
FANTOM KUMITE athletes aged 6 to 13.  
In the U8 age group, all athletes can participate.  
Athletes in age groups U10, U12, U14, U16, and U18 are not allowed to participate if they have won medals in unrestricted tournaments (based on skill level) within 12 months before the registration closing date, except these cases:

- The medal was won by winning no more than one match;
- The medal was won in KATA category with kyu limitations (up to a kyu).

Exceptions to this rule may be allowed after consultation with the organizer, provided the athlete's eligibility is justified.

**Athletes who participate in the 1st and/or 2nd league stages are eligible to participate in all stages of the season, regardless of results in other tournaments.**

**Referees:** Referees certified by the Latvian Karate Federation and invited foreign referees.  
Chief Referee – Santa Drozdova.  
Referee briefing – 9:30 AM.

**Rules:** The competitions follow [WKF](#) (World Karate Federation) and [LKF children rules](#), with possible modifications by the organizers

3 judges on the field. The team representative and/or coach is responsible for the participant's compliance with the specific age and weight category, as well as the athlete's readiness for the competition. The association's management, which has registered the athlete for the competition, and the athlete's parents are responsible for the athlete's health and compliance with the competition, as well as for health and accident insurance. The organizer has the right to reduce the field size to 7x7m. Decisions on any issues not covered in these regulations are made by the competition organizer and/or the Chief Judge.

#### *Judging System and Categories:*

Flag judging system for both Kata and Kumite. Judging is done according to the "Round System". The organizer has the right to change/merge categories. If the number of participants in a category exceeds 15, it is divided into two subcategories, each playing for a separate set of medals, and the winners of both subcategories earn points for the overall standings. The overall result is counted within the category, not divided into subcategories. If categories are merged, points are counted in the category in which the participant was registered before the merger.

*Protest:* Protests are considered after a 100 EUR security deposit is paid..

*Equipment:* According to [LKF children rules](#). All participants must have WKF standard equipment! All athletes must wear a kimono!  
The tournament organizers do not provide the necessary equipment.

**KATA** In Kyu categories and U14 OPEN category, both athletes perform KATA simultaneously with their certification belts. In U16 and U18 OPEN categories, athletes perform KATA one by one with a red belt (AKA) and a blue belt (AO). In Kyu categories, it is allowed to perform KATA from the list: Taikioku, Heian 1-5, Pinan 1-5, Ten-no-kata 1-3, Geksdai 1-2, Saifa. In OPEN categories, any KATA is allowed. In categories -10 kyu, -9 kyu, +9 kyu, it is allowed to perform 1 KATA, in categories -7 kyu, +7 kyu, -5 kyu, +5 kyu, OPEN at least 2 KATA must be performed.

#### *Categories:*

Age	Boys	Girls
U8	-10kyu, -9kyu; +9kyu	-10kyu, -9kyu; +9kyu
U10	-9kyu, -7kyu, +7kyu	-9kyu, -7kyu, +7kyu
U12	-9kyu, -7kyu, +7kyu, OPEN	-9kyu, -7kyu, +7kyu, OPEN
U14	-9kyu, -7kyu, +7kyu, OPEN	-9kyu, -7kyu, +7kyu, OPEN
U16	-7kyu, -5kyu, +5kyu, OPEN	-7kyu, -5kyu, +5kyu, OPEN
U18	-7kyu, -5kyu, +5kyu, OPEN	-7kyu, -5kyu, +5kyu, OPEN

**KUMITE** Fight duration U8, U10 – 1:00 min., U12, U14, U16, U18 – 1:30 min.

Kumite equipment Participants must wear gloves and foot/shin protectors following WKF standards. Mouthguards are mandatory.

AKA (red) – red gloves and belt are mandatory. AO (blue) – blue gloves and belt are mandatory. For categories up to and including age 13, athletes can use red (AKA) or blue (AO) foot protectors, and the color of foot/shin protectors does not matter.

From age 14 onward, the equipment color must fully match AKA or AO.

Protective vests are mandatory for all participants. Chest protectors for girls under 13 are optional. Groin protectors are mandatory for those aged 12 and over and recommended for those aged 11 and under.

Helmet for ages 10–13 is optional.

Athletes and/or their parents/guardians are responsible for any injuries that occur due to incorrect or missing equipment.

**Weigh-in:** Weigh-ins take place right next to the tatami (competition area) before the start of each category at the coach's request. If an athlete is late for the start of their category, but a weigh-in is requested, the athlete must be weighed before their first match. All athletes may also weigh in before the competition begins at the head secretary's table.

The upper weight tolerance limit is +0.5 kg for all competitors.

**Categories:**

Age	Boys	Girls
U8	-23 kg; -27kg; +27 kg	-23 kg; +23 kg
U10	-28 kg; -32 kg; -36 kg; +36 kg	-25 kg; -30 kg; +30 kg
U12	-30 kg; -35 kg; -40 kg; -45 kg; +45 kg	-30 kg; -35 kg; -40 kg; +40 kg
U14	-40 kg; -45 kg; -50 kg; -55 kg; +55 kg	-42 kg; -47 kg; -52 kg; +52 kg
U16	-52 kg; -57 kg; -63 kg; -70 kg; +70 kg	-47 kg; -54 kg; -61 kg; +61 kg
U18	-55 kg; -61 kg; -68 kg; -76 kg; +76 kg	-48 kg; -53 kg; -59 kg; -66 kg; +66 kg

*The organizer reserves the right to modify the categories.*

**FANTOM KUMITE** Fantom-Kumite bouts are conducted and evaluated according to [LKF children's rules](#). Each athlete performs 5 attacks within one fantom fight. Athletes have up to 4 seconds to prepare and execute an attack. A fantom fight begins when the head referee calls the athletes to the mannequins.

Scoring criteria:

A point is awarded for a single attack, regardless of the type or number of strikes (it doesn't matter whether the strike is with a hand or a foot).

Technique, variety of techniques, and use of strike combinations.

Zanshin and movement before the attack.

Contact: Junior rules apply regarding contact (uncontrolled strikes). Light contact with the mannequin is allowed in all age groups, but an uncontrolled strike (mannequin significantly sways or falls) is considered contact, and no point is awarded.

**Categories:**

Boys	Girls
U8	U8
U10	U10
U12	U12
U14	U14

**Participation Fee:** KATA and KUMITE in each category is 30 EUR; FANTOM 20 EUR.

The fee can be paid via bank transfer to the association "Latvian Karate Federation" (reg. Nr. 40008024026), account number LV94UNLA0055000481661, SEB Bank.

Athletes whose age category changes during the season may also participate in the older category, provided they meet the weight requirements (for Kumite).

**Awards** The 1st, 2nd, and 3rd place winners of each stage are awarded medals, which can be combined into one large medal over the course of the 3 stages.

In all categories, two 3rd places are awarded.

League winners in the overall standings after 3 stages are awarded useful prizes. The overall award ceremony takes place at the end of the 3rd stage competition.

**Registration:** From 8:30 AM to 9:30 AM.

Team representatives must arrive at the registration desk with the athletes' passports/ID cards. KATA category participants must also bring their budo passports.

*Pieteikšanās:* Registration must be completed online at [www.karateregistration.lv](http://www.karateregistration.lv). To obtain the password, contact Boris Krasnov at +37129621418 or via email at [ijka.latvia@gmail.com](mailto:ijka.latvia@gmail.com)

Registration deadlines:

1 <sup>st</sup> stage	until 30.10.2024. 23.59
2 <sup>nd</sup> stage	until 15.01.2025. 23.59
3 <sup>rd</sup> stage	until 14.05.2025. 23.59

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**Changes made after the deadline (23:59) are subject to a 5 EUR surcharge!**

**After the tournament begins, no objections regarding participants' eligibility criteria will be considered. Please inform the organizer of any suspicions before the registration deadline**

*Personal Data Protection* The Latvian Karate Federation respects the privacy of competition participants. By registering for the competition, participants agree to the processing of their personal data for the purposes of organizing the event, in accordance with Article 6(1)(a) of the General Data Protection Regulation. The data will be processed to correctly display the athlete's results in relation to other participants. Publicly displayed results will show the participant's selected category, name, surname, club, and ranking. To determine the athlete's eligibility for a category or group, their gender and date of birth are required in addition to their name and surname. To protect personal data, they can be minimized upon request by emailing [info@karate.lv](mailto:info@karate.lv).

Participants also agree to the use of photos and videos taken during the competition for organizational purposes, including but not limited to publication on the website [www.karate.lv](http://www.karate.lv), in the media, and on social media..

*Additional Rules* All individuals participating in or present at the competition must follow the Latvian Karate Federation members' code of ethics. LKF members must inform their organization's athletes, parents, and others associated with the organization about these rules.